

Homework Without Tears: Ending the “Homework Battle”



- » **Be your child’s homework partner, not the “homework police.”** Determine the role each of you will play in the success of homework being completed. For example: parent helps child prioritize assignments; child estimates how much time is needed to complete each assignment or tasks within an assignment.
- » **Create a productive environment in which your child can focus and be comfortable.** Choose a space in your home that provides the least amount of distraction with sufficient workspace and lighting.
- » **Allow your child to take breaks after a reasonable amount of time.** First, assess the amount of homework and predict how long it will take to complete each task. Then, determine the best timing for a break, based on the complexity of the tasks.
- » **Model problem-solving approaches and patience during difficult tasks.** Begin by reviewing what you understand about the task. Then, identify what would be helpful to know and what information is needed to move forward. Provide examples of how you use problem-solving strategies when faced with difficult tasks in your own work.
- » **Break down projects into smaller tasks to increase your child’s confidence and sense of accomplishment.** Identify each task within the assignment and determine its order. Check off completed tasks to provide visual confirmation that they have been completed. Encourage your child to have a sense of satisfaction for each completed task. This process helps your child understand that the homework is manageable.




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